

## Appliqué the Hawaiian Way

### Supply List

The only homework is to gather the supplies in this list.

In this full-day class you will learn to do cutting, basting and traditional needle-turned appliqué by hand. The skills and hints you learn in this class will be useful in many other hand appliqué techniques.

The samples in the photo are from the required book, *Hawaiian Quilting* by Elizabeth Root. There are 22 blocks in the book. They may be used for a pillow or wallhanging or repeated for a large quilt.

Before class, purchase your book and choose one of the designs. Or, order the book from me and I will bring it to class. If you want to get the book from me, I will need to know three weeks before the class. \$4.95. A bargain, for sure!

Bring the following to class:

- Two 20" contrasting squares of 100% cotton fabric, pre-washed and pressed. Hawaiian quilts are traditionally done in bright solid colors, but you do not have to be traditional. Solids are traditional and keep the visual edge sharp against the background. If you want a print for the background or design be sure there is a good contrast and neither fabric is so jazzy it will hide all your fine applique work. It is helpful to have a light background and a dark design fabric as you wouldn't want the background to shadow through the design. **Note:** Fabric that ravel easily should be avoided for the design fabric. An example would be Kona solids.
- Fabric scissors and paper scissors (sharp to the point)
- Piece of freezer paper the size of your book (8 ½" x 11) (for copying the pattern)
- Basting thread
- Regular sewing thread to match your design fabric
- Basic hand sewing supplies, scissors as listed above, your favorite appliqué needles, fine pins, needle threader, thimble, your good glasses (if you need them)
- Pencil to take notes
- *Hawaiian Quilting* by Elizabeth Root, Dover publishing

If you have any questions, please contact Madge Ziegler, 302-234-1394, or e-mail [Quiltzig@comcast.net](mailto:Quiltzig@comcast.net)